



NEIGHBORS HELPING NEWBORNS SIZE CHART



Please follow these instructions for the hand-made items we provide to hospitals.
Contact us at: Cheryl@neighborshelpingnewborns.org or (603)-382-8504

AFGHANS*		
Newborn (knit or crochet)	24" x 20"	Use soft, 100 % acrylic, machine-washable baby yarn, sport yarn, or worsted weight yarn. Please make sure that the pattern is a solid design with no holes so that baby's little fingers won't get caught. Thank you.
Preemie (knit or crochet)	20" x 16"	

QUILTS*		
	30" x 30"	Use only cotton fabric and low loft cotton batting. Layers must be secured by stitching. Please do not tie the quilt together.

HATS*		
Newborn (knit or crochet) <i>If possible, before donating, please wash and thoroughly dry the hats then place in a zip-lock bag labeled "WASHED."</i>	4 ¾" diameter or 14" circumference	Use soft, 100% acrylic machine-washable baby yarn, sport yarn, or worsted weight yarn. Please, NO ties, no ribbons, no tassels, no pom-poms. Thank you.
	6" in height	

*** For sets of matching afghans, quilts, sweaters & hats, please sew or tie the pieces together with yarn. These items do not need to be washed. Thank you.**

SWEATERS*		
Newborn (knit or crochet)	Chest size 14"-16" circumference	Use soft, 100% acrylic machine-washable baby yarn, sport yarn, or worsted weight yarn. Please, NO ties, no ribbons, no tassels, no pom-poms. Thank you.
Preemie (knit or crochet)	Chest size 12" circumference	

WASHCLOTHS – Crocheted or Knitted		
Please use cotton yarn. Patterns are free online. Finished size is 5 inches square.		

BLANKETS		
Skin to Skin Fleece Blanket	18" x 18"	Use a single layer of fleece. Edges are to be serged or zig-zagged.
Fleece Blanket	30" x 30"	Use a single layer of fleece. Edges are to be serged or zig-zagged.
Flannel Receiving Blanket	40" x 30"	Use a single layer of flannel. Edges are to be serged or zig-zagged.

LOVIES: <i>Flannel squares that are worn by mother then placed near baby</i>	
Flannel only. Cut two 6" squares. Sew ¼-inch seams together (right sides together, wrong sides out), leaving an opening that is about 2 inches long. Turn the right side out then stitch that opening closed. Top-stitch around the edges. Finished piece should be 5½ inches square.	

COTTON PILLOWCASES – Used as mattress covers		
Cotton only; Case is cut at 27 inches x 42 inches. Cuff is cut at 11 inches x 42 inches; Finished size is approximately 31 inches by 20 inches; Accent trim allowed.		